2: Read E-5 (1935-1939) 1956
FR5 Ngoni FR5

The distinctiveness of Ngoni institutions, so often emphasized by the older men and by the early travellers in Nyasaland, was due to cultural affinities with the South-eastern Bantu. The structural table sets out those social and cultural elements in the Ngoni kingdoms which were most distinct from parallel features among the neighbouring peoples, and which had obvious affinity with South-eastern Bantu cultures. The main Ngoni cultural elements have already been referred to in this chapter and will be further discussed in the rest of this study. The corresponding elements among the local peoples are based partly on the earlier sources quoted by Tew and partly on local informants and my own observations. In collecting information about clans, the *ukondo* group consisting of a man with his sisters' children, and the girls' initiation schools, I had no direct contacts with any except Cewa sources.

Variations in cultural conformity among the Ngoni

In the Ngoni kingdoms among families with Swazi and trans-Zambesi clan descent names there was considerable variation in the degree to which they maintained Ngoni institutions and practised Ngoni cultural forms. The anthropologist was constantly aware that the time element was an important factor in the consolidation of Ngoni practices and in the attitudes developed towards Ngoni culture among the individuals in the different generations. The Ngoni in both kingdoms spoke of the 'older generations' (*ndhudzo wa kale*), 'the middle generations' (*ndhudzo wa ngikazi*), and 'the present generation' (*ndhudzo wa tanjesu*). The first had grown to adulthood before the Europeans came, and were the older senior men and women in the 1930's; the second had been affected by European administration, tradition, and officials while they were young men and women; the third had never known anything but European contacts and many had grown up in European schools. The senior Ngoni of the older generation often expressed the sentiment: *nsiku zowe tanjesu* (everything is finished now). They included in that saying the regrets of the older Ngoni for their former independence, and their resentment at the dominance of European rule and European culture. It is idle to speculate what cultural changes might have taken place in the Ngoni kingdoms if European influence had been postponed another twenty to thirty years. Nevertheless it is a vital factor in assessing Ngoni culture that the kingdoms had barely twenty years of independent existence before the Europeans began to penetrate Nyasaland. The older Ngoni looked back on their former independent existence as a golden age in which they were spreading Ngoni customs and culture as well as exercising political supremacy. It is difficult to believe that this was wholly true, in view of the extensive cultural interchange going on in the country as a whole. It is, however, possible that wider acceptance of Ngoni cultural elements was prevented by the advent of the Europeans, in so far as cultural institutions and political dominance were closely

2: Read E-5 (1935-1939) 1956
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CHAPTER 1

THE MILITARY FOUNDATIONS OF THE NGONI KINGDOMS

After the Ngoni settled in Nyasaland their political system went through three main periods of change and development up to 1939. The first was that of pre-European days, characterised by the military kingdoms. The second was the period of direct British administration, when the chief features of the Ngoni kingdoms were latent and unrecognised. The third was the period from 1933 onwards when the passing of the Native Authority and Native Courts Ordinances gave recognition to certain traditional forms of the Ngoni political system. Since, in their early forms, from the middle of the nineteenth century onward, the Ngoni kingdoms were founded on conquest, the maintenance of military power both for defence and aggression was an essential condition of their survival. We shall therefore begin the examination of the Ngoni political system with a chapter on their military organization. Men of the Swazi and of trans-Zambesi clans were proud of the part their fathers and grandfathers had played in Ngoni wars. These wars were recalled to the people in the recitals of oral tradition and in the songs and dances which were part of Ngoni culture. Cibambo, who has already been mentioned as the historian of his people, wrote for me in English the following account of Ngoni warfare in the old days, part of which, written in Tumbuka, was used as a reader for the schools in the Livingstonia Mission area. Cibambo had, as a young boy, seen the preparations for war, and had gone more than once as a carrier for his elder brothers who belonged to one of the last formed regiments.

Ngoni Warfare in Old Days

'To the Ngoni war was like work and his heart rejoiced to think of it. When the old men sat in the kraal the talk that roused discussion was of war and their journeyings. All the heroes of the tribe had received their praise-greetings through service in war. In this, ordinary people and slaves came together, for though they might have been unknown to begin with, if they were heroes in one or two wars the whole country knew them. The slaves who showed their courage and strength in war quickly received their freedom and many also had villages of their own because of the people they had captured in war; others obtained the standing of men in authority. Those who were cowards were humiliated and laughed at, and those who had not entered the enemy stockade or killed a man were not allowed to dance in triumph in the kraal but only to join in the *ligubo* dance along with others.

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3: Read E-5 (1935-1939)1960
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128 man and woman. It will give us an opportunity of looking more closely at the values inherent in Ngoni culture and implicit in all the training of their children. I propose here only to put down a brief list of these values, in order that they may be kept in mind during the detailed narrative of the upbringing of children in the following chapters. There
181 were three main group values which Ngoni families and village and national groups had always before them: keeping together as a people; dominating but with paternal benevolence those subject to their rule; and mutual aid and trust between the individuals in the Ngoni groups. Thus there was a strong in-group feeling of interdependence contrasted with a feeling towards the out-group of kindly but firm authority.

In the realm of personal behaviour to others, respect and obedience were always expected towards elders and superiors. Self-control, involving a high degree of restraint, was expected towards superiors, equals and inferiors. Generosity was expected of everyone towards his equals and inferiors.

A group of three qualities which showed Ngoni values were always being quoted as the distinguishing marks of 'true Ngoni' men and women: physical strength with which physical courage was closely associated; persistence and thoroughness in any task undertaken or assigned; and wisdom which was sharply contrasted with being clever, and which included knowledge, good judgement, ability to control people and keep the peace, and skill in using speech.

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302 washing they applied the fat to their hair and combed it out, de-kinking it now and then with strips of bamboo bound tightly to the head. They scented their hair with the juice of sweet-smelling leaves, and dressed it formerly in the high chignon. As they gave that up, they took to wearing headcloths of different-coloured cloth so arranged that [301] headbands across the forehead could be worn. Ngoni girls needed no urging to take this beauty treatment very seriously, and before a big *ngoma* dance, gave it much time and thought.

554 Only the big wives and elder sisters of chiefs could wear
301 the necklace and headpiece of leopard or lion claws. They were the distinguishing mark of an Ngoni 'princess' or 'queen'.

The art of cleanliness

181 I have called this section an 'art' because the Ngoni took
356 an aesthetic pleasure in achieving and maintaining certain
515 standards in their homes and in their persons, which were
182 held up to young adults as being highly desirable. This emphasis on a particular kind of cleanliness, while putting up with much that was not clean in their surroundings, was only one of several inconsistencies in Ngoni culture. The appreciation of a desire for this kind of cleanliness had not [751] necessarily any connexion with hygienic cleanliness. It was more closely associated with the Ngoni love of orderliness and scrupulous attention to detail in the appearance of persons and places. It was also connected with what they regarded as comfort and good living. The effect of mission teaching about health and sanitation, and of government [177] courses held for chiefs to instruct them in modern welfare measures, often caused confusion among Ngoni elders. Sometimes their traditional standards of cleanliness coincided with modern hygienic standards, and sometimes they did not. In any case it was seldom that Europeans recognized that the Ngoni had any standards to begin with, and they

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generally assumed that everything was 'dirty' which was not hygienically clean. The Ngoni resented this, all the more because of their cultural insistence on decency and order, and on certain forms of external cleanliness.

Their huts, furniture and mats were often infested with ticks and bugs—neither of which the Ngoni liked, regarding them as rather disgusting. The old remedy was to leave the tick-infested site and burn the objects full of bugs. As villages became more stationary and property accumulated in the huts, and became more valuable and expensive, they built strangers' huts for visitors who might otherwise infect their own. Bugs were dealt with by bringing all bedding, mats and bedsteads out into the sun and pouring boiling water on them again and again.

Similarly it was an aesthetic disgust rather than hygiene which made them insist that there should be no spitting or nose-blowing on the floors of huts or verandas. Such actions had to take place outside, and vehement comments were made when a visitor forgot his manners in this way. An ingenious tiny iron spoon with a long handle was used by the older Ngoni for cleaning the ears and nose.

Perhaps nothing showed the Ngoni pleasure in and desire for cleanliness so clearly as the quick and apt excuses made when standards were obviously in temporary abeyance. There was no doubt that young men and girls liked looking clean and well-groomed. The daily wash in the river with soapy leaves, followed by rubbing on fat or oil made the skin glisten. We have talked already about the use of twigs as tooth-brushes, the rinsing of the mouth before and after meals, and the use of astringent fruit to make the mouth feel clean.

The same scrupulous attitude about cleanliness was seen in the washing of dishes, spoons and cooking-pots after each meal. It was almost as if the standard of housewifery was proclaimed by the sight of food baskets, gourds, spoons, etc., spread on the platform outside the hut to dry. Washing up

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121 learning, and the end product of a system of training, can never be as stereotyped and as uniform as some of the exponents of personality and culture studies would have us believe.

128 The outlines of the ideal Ngoni personality have really been sketched in the narrative chapters, though without stopping to point out specifically that this or that aim in training is to foster a Ngoni personality trait. I shall therefore in this chapter put together these traits, and, to introduce a new element and so avoid too much repetition, some of these traits will be associated with Ngoni proverbs. But before doing this I shall discuss those Ngoni values which I believe were the foundations for their child training.

The Ngoni system of values

121 The chief reason for introducing at the end of this book such
128 an involved and difficult subject as values is to suggest that there is an inevitable connexion in any society or culture between an ideal personality and the values cherished by that society. It is therefore reasonable to follow up, and to some extent to sum up, the preceding narrative chapters of this study with a glance, for it cannot be more than that, at the fundamental beliefs and values which impelled the Ngoni people to pursue certain lines in bringing up their children.

● 191 We have seen that there was a continuous and clear direction in training children which I have called a system. The more deeply one analyses the nature of Ngoni culture and the organization of Ngoni society, the clearer it becomes that there were certain definite values which they clung to as a result of their experience and of their reflection upon their past history and present and future prospects. In so far as these values were integrated into an intelligible whole, we can call them a system of values, but the recognition of such a system does not preclude the recognition also of some isolated values which do not appear to fit into an integrated system.

121 One of the major difficulties in examining the values of a non-literate culture is the inevitable subjective approach of

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individuals upon the cohesion of that society through their behaviour and actions. This was illustrated in the phrase so constantly used by them, and referred to already several times: 'He is spoiling the land,' or the converse, quoted in Chapter I: 'Young people were well taught that this behaviour was right for the upbuilding of the land.'

Among these so-called group values the first of all, and pre-eminent above all, was the value of keeping together. Taught by bitter experience that personal quarrels could lead to political secessions and to the diminution of the power and influence of the Ngoni kingdoms, the focus of much of their thinking was on maintaining cohesion whether in small units or in large. I think the Ngoni were the only people in Nyasaland where individuals and families were not allowed to leave the villages to live elsewhere without permission of the chief or headman. In the local courts there were frequent cases in which the accused had been guilty of leaving without permission. This illustration could be used also to indicate the second of the group values. I have called it dominance for want of a better term. It involves the exercise of authority, political and legal, over their own and subject peoples, the determination to exact obedience, influenced by a feeling of paternal responsibility for all over whom authority was claimed. This was an ambivalent sentiment affecting the attitude of the ruler and his relations with the ruled, and was the basis of the court case quoted in Chapter VI, when a chief made a judgement against his own son for adultery with a poor man's wife. The third group value was that of mutual aid and trust within the in-group, in order to secure its cohesion. This was the integrating principle of the 'house' system, described briefly in Chapter I and mentioned in many other contexts. Mutual trust and aid had been in the past the main element in the behaviour of men in their own regiments, in the mutual relation of warrior with warrior, both when on campaign and when living together in the villages.

The four personal values were inherent in the acceptance

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and demonstration of the group values. The first two, physical and moral strength, and working hard and persistently at allotted tasks, were, as we have seen, instilled into children from the stage of second teeth onward. The second two, dignity and wisdom, were to a large extent values implicit in adult life, and in the case of wisdom seen specially in the contribution made by senior men and women to community life. Dignity, however, had an ambivalent meaning, as did dominance among the group values. It covered not only language, deportment, self-control, accepted rank and precedence within the hierarchy on all social occasions, but the more subtle and very typical Ngoni attitude towards 'losing face'. In the sense that young adults and even older children hated being rebuked in public because it made them lose face, it belonged to younger people as well as to older, to those called the 'humble ones' as well as to the 'great ones'.

All the emphases in child training on language, deportment, self-control, manners and inter-personal behaviour of all kinds were related to the value of human dignity, and to the concept of a person's 'human nature' as being something to be respected and built up, and carefully guarded, since it was very vulnerable.

At the end of Chapter II when some Ngoni values were mentioned, wisdom was contrasted with cleverness, and equated with knowledge, good judgement, ability to control others and keep the peace, and skill in the use of speech. The young Ngoni headmaster in the first village described in Chapter I said reflectively one evening, after listening to some of the elders talking with me about Ngoni values, 'Yes, we are different in our generation. We are proud, but they had wisdom.' It was an acknowledgement of the pretensions which his generation had begun to claim as a result of the new knowledge in the schools. It was also a recognition that the accumulated wisdom of the generations of his father and grandfather had in it an understanding of values which the younger generation had not yet acquired.

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181 577 828 [182] The four so-called personal values will be reflected in the Ngoni personality traits which we are going on to discuss. There are however two values which did not appear to fit into any integrated system, and which yet recurred as themes in Ngoni culture, and here and there in the ideas inherent in child training. One was the theme of childhood innocence, which was much deeper and more subtle than merely keeping children in ignorance of sexual life and intercourse. The other was the value set on the 'gentle' man. He was a man who appeared to be almost wholly self-controlled, able to have normal sexual intercourse with his wives but not always thinking about women, showing sternness but without anger, being just but also merciful. These were the qualities looked for in the man responsible for the guardianship of certain head villages where the ancestor cult was [769] carried on, and who was entrusted with the ritual associated [778] with the ancestor cult. In the more ancient ritual, such as carrying the sacred emblem before the armies, it was young boys, exemplifying the childhood innocence theme, who were entrusted with this charge. In the more modern contexts, many of the outstanding Ngoni ministers in the church [793] were recognised and revered as 'gentle' men.

The Ngoni ideal personality

577 Chapters IV and V, as well as Chapters VI and VII, showed that there were certain elements in the Ngoni ideal of what their children should be like which were common to young men and women, to boys and girls, while others were emphasized only for girls or for boys. Among the common traits we have already seen the outstanding emphasis on 'respect' in all forms of behaviour and in all kinds of contact with older people, and with others who should be 'honoured'. Part of this respect was shown in obedience, and with this obedience in all the detailed inter-personal relations with senior people was associated, in the individual's relations to society as a whole, being law-abiding and complying with Ngoni law.

4: Barnes E-S (1946-1949)1951 FRS Ngoni FRS
Mpezeni

unity of full-siblings is the result of the established relationship between their mother and father. A man's relationship with his wife may in turn lead to solidarity between their children, but until his wife has stayed with him for many years and borne him live children their own relationship is always uncertain. He must acknowledge that she too has rights, that she must be clothed and respected and must be slept with. He must not abuse her at a beer party or hit her too often, and he must not try to trap her into adultery. When she runs away, he must go after her to apologise.

8. The support of relatives

It is the tenuousness of the marriage relationship which necessitates the co-operation of the relatives in the marriage. There are occasions when affines quarrel, as when a young woman is encouraged by her husband's kin to remain in their village to be delivered of her first child and at the same time is under pressure from her own relatives to move back to her own village for the confinement. A man who is anxious to build up his own cluster of huts in a village may attempt to force his sons and daughters to bring their spouses to live near him against the wishes of his children's affines. These struggles, where they occur, are expressed in terms of residence, for it is common residence that welds kinsfolk together. But in general affines co-operate rather than quarrel. Litigation about marriage payments is rare, and frequently divorces are granted without consideration of the return of marriage payments. During a marriage it is more important that the married couple should be exhorted to adjust themselves to each other and be tolerant of each other's foibles, than that each side should insist on its formal rights. Old people try to prevent marriages they consider unsuitable, but they do not usually try to make difficulties once a marriage has taken place. The successful marriages of a man's children bring him grandchildren to care for and play with, and *children's parents-in-law* who will welcome him and give him food, even if they do not always add to his own cluster of huts.

To some degree people appear to be afraid of the sorcery of an offended affine, but this is not a well-developed idea, and more frequently people express their reasons for trying to patch up a marriage that is in danger of breaking in terms of the need for everyone to 'live well together', without bringing troubles into the village. The well-being of the village and of the local group of kinsfolk within it has ultimate value for the Ngoni and is an end in itself. It follows that serious quarrels can only be resolved by means of some new residential alignment, involving moves from one cluster to another, and from one village to another. The village itself does not exist in isolation, and a village thrives because of the ties that link it to other villages in the vicinity. Marriages link villages together, by the bonds of affinity which cut across village boundaries, and by the interaction between groups of affines

4: Barnes E-5 (1946-1949)1951 FR5 Ngoni FR5
Mpezeni

change. In the field of marriage we have seen that it was the conscious intervention of the Administration which forced the abolition of the death penalty for adultery. It is to some extent due to the Administration, with its emphasis that women must have rights equal to those of men, that divorce is more frequent than it was, though this result does not seem to have been planned. In the eyes of the Administration the important fact is that it is more difficult for a woman to get a divorce among the Ngoni than among the Cewa. Of recent years it has been more concerned with the increase in concubinage, prostitution and juvenile delinquency in the towns, and has introduced measures designed to check the flow of women and children from the rural areas to the towns. As we have seen, one result has been that it is possible for rights *in genetrices* to be enforced in inter-tribal marriages, and bridewealth has therefore more significance in these marriages than in marriages within the tribe.

The Ngoni people themselves have, on the whole, accepted the changes passively and regretfully. The one deliberate constructive action appears to have been the law made in about 1944 that the legalization payment shall be at least thirty shillings. Apart from this, the Ngoni appear to have been overwhelmed by events. The frustrations of the present time are all attributed to the coming of the Whites, and this in turn provides the reason why nothing can be done to change things. The past, 'the time of peace', is glorified and simplified, and to some extent reinterpreted in terms of the new values which have been acquired in the interim. Thus, some informants said that the Ngoni never fought other tribes, but only invited people to join the Ngoni kingdom. People like to assert dogmatically that adulterers were always killed, that every man always paid bridewealth, that women always married whom they were told, and only reluctantly admit, on closer questioning, that there were sometimes exceptions to these rules. The imputed rules of the past have become the 'customs' of the present, and the adjective *Ngoni* is applied not to what the Ngoni people do today but to what they like to think they did in the virtuous past. *Ngoni* marriage (*ukwati wacingoni*) is marriage in which all the ceremonial observances are carried out in detail, 'snuff-box' and bridewealth are paid, the woman is obedient and fertile, the man dutiful and respectful towards his wife's parents, and in which the couple 'live well together'. This is contrasted with modern marriage (*ukwati wamakono*) in which there is no bridewealth, few ceremonies, little attention paid to obligations towards kin, and in which the woman sues successfully for divorce. Modern marriage is an invention of the Whites, designed to worry the Ngoni. The Whites have conquered the Ngoni, they are the owners of the country, and there is nothing to be done except to keep alive the knowledge of the past.[18]

[18] Cf. Read, op. cit. 'The moral code . . .', and 'Traditions and prestige . . .', *passim*.

S: Allan C-5 (1941) 1949 FRS Ngoni FRS Mpezeni

low productivity and little power of recovery. Next, the weaker soils will be abandoned; such data as we have suggests that this stage is reached when grain yields fall below 200 lb. per acre in the normal season. The former cultivators of the abandoned land may then offer work in exchange for the food surplus still enjoyed by the holders of the stronger soils, or they may be entitled to a share of the surplus by virtue of kinship obligations. In this way a period of increasing pressure and accelerated erosion on the stronger and more fertile soils is brought about. These stages will commonly be accompanied by migration of able-bodied men to the centres of employment and the stage finally be reached when the area is dependent to a large extent on food purchased from outside sources.

In 1941 a study was made of a highly congested area in Fort Jameson District; the area of Mpezeni, Paramount Chief of the Ngoni. The chieftaincy was found to be 54,000 acres in extent and, after detailed survey, the carrying capacity for traditional Ngoni agriculture was estimated to be about 1,200 to 1,400 persons. A total of 7,700 people, between five and six times the carrying capacity, were supposedly living within the chieftaincy. In short, an area which, because of the high proportion of mountain country, had a critical density of only about 16 persons per square mile did in fact appear to be carrying over 90 to the square mile.

The main reasons for the continued survival of this population were found to be as follows:

(a) The time during which these conditions had existed (about 15 years) was not sufficient to show the full effects of this degree of land pressure.

(b) Great areas of hill country and dambos, which would not normally be cultivated, had been taken into cultivation. The almost incredible mountain cultivation on the Nyamfinzi range was, until recently, a startling spectacle. Use of dambo grassland for *fipaka* gardens had seriously reduced grazing and was a sore point with the cattle-loving Ngoni.

(c) Under extreme pressure the population had burst its bounds and an irresistible tide had inundated adjoining private land and unoccupied European farms. In addition, a missionary organization had permitted cultivation, on payment, on land owned by the mission. By these means the effective acreage had, in fact, been increased by almost 50 per cent.

(d) A very heavy burden had been thrown on the limited soils of high fertility and resistance to erosion, the only soils left in the original area still carrying moderately good crops. These soils, then in continuous cultivation, were feeding more than twice as many people as they would normally do.

(e) The Paramount Chief was importing from Nyasaland each year a considerable quantity of food for the use of his people.

8: Barnes E-5 (1946-1949) 1951 FRS Ngoni FRS

The Fort Jameson Ngoni[1] are at this stage of transition. Many men and some women can read, if not write, and we can no longer call the tribe non-literate. Yet a society of this kind behaves in many ways as if it were non-literate. In particular, information about the past is transmitted orally and laws and customs are not committed to writing. In this paper I shall discuss some of the ways in which this information is manipulated. I shall distinguish between tales of fighting, relating to the period 1821–1898, which we may regard as tribal legends of origin; beliefs about customary behaviour relating to the same period; private legends which serve to explain the form of relations between present-day groups; and lastly history proper, documents describing contemporary events, if such exist.

Early travellers all speak of the various Ngoni groups as fierce warrior tribes interested only in destruction and plunder. With the spread of European control Ngoni raids ceased. Today in villages inhabited mainly by women and children, with scraggy animals and eroded gardens, the traveller looking for signs of a military tradition sees only khaki greatcoats and battle-dress. Among the Fort Jameson group, if not elsewhere, the great cowhide shields, and the regiments which carried them, have disappeared. Yet the heroes of the past are still remembered and are called to mind in songs sung at drunken parties, in tales told to children and, importunately, to sympathetic strangers. Many of these songs are in the old Ngoni language now largely forgotten, and singers cannot give any precise meaning to the songs they sing. They are the relics of the past learnt parrot-fashion and in the context in which they are sung they do not require any specific reference. In our own culture we do not need to know who were the April rainers before we can sing "Green grow the rushes, O". Prose tales, however, are in ordinary speech and describe military exploits of people known to the speaker, or preparations for raiding ordered by the Paramount Chief and carried out by his lieutenants. The most frequently recounted battle of all is the fight between Ngoni and British troops in 1898. Many men and women are still alive who remember the fighting or even took part in it. The cataclysmic changes which followed the Ngoni defeat and the unusual weapons used combine to make the battle memorable. It is the only admitted defeat, for all other tales tell only of victory. The Ngoni defeated the Bemba, Wina, Cewa, Kunda, and so on.

We know from contemporary travellers' accounts that though on the whole the Ngoni were successful against their neighbours, their run of successes was not unbroken. There is evidence that on occasion even the Cewa raided the Ngoni and took captives. We may regard the form taken by these legends as due in part to the process found in most cultures by which victories are remembered and defeats forgotten. But the distortion introduced is not only the elimination of defeat. The Administration and the Missions have,

1. I worked among these people during 1946–49 while on the staff of the Rhodes-Livingstone Institute.

8: Barnes E-S (1946-1969) 1951 FRS Ngoni FRS

in general, encouraged co-operation between tribes and have treated all tribes as equals. They have emphasized the values of peace rather than a war, and have condemned pagan rites. In the light of this teaching legends have been modified to conform to modern values. The barbarity of the raids has been minimized and the good qualities of the old military discipline have been extolled. Sometimes men say that the old armies never fought but only danced, or that people from other tribes were not captured but all joined the Ngoni of their own free will (as in fact some did). It is said that there was never any ancestor-worship; the names of the Paramount Chief's ancestors were merely mentioned in prayers "as King George is mentioned now". This process by which the Ngoni conquerors of yesterday are made to look like the European conquerors of today is no new phenomenon. The Ngoni identified themselves with Europeans rather than with their matrilineal neighbours even before the European conquest. Wirsz, himself the main agent of their defeat, wrote, "They are very proud, looking down on all the other tribes with contempt, and think they show great courtesy whenever they assure the European traveller that the Whites may be related to them."[4]

Another traveller, arriving from the south in 1896, relates how he ran into an armed patrol on the outskirts of Ngoni country. His own carriers ran away but he called out to the patrol that he was a friend of the Paramount Chief, speaking in Zulu. He then heard them saying, "He is an Ngoni and a white man."[5] My own informants told me that the old Ngoni language was closer to English than to Nyanja.

This reinterpretation of the past in the light of the present has not produced a consistent picture of a proto-European society. The inconsistencies of the present remain and are reflected in the ambivalent attitude adopted to the past. Although in one context people recall that everything was well ordered and peaceful in the past, in other contexts they dwell on the unlimited power of the Paramount Chief and the fierceness of his warriors. An aristocratic man once said to me at a beer party, "If this was the old days I would kill all these Cewa drinking here." Yet the general impression which people usually try to convey is of a disciplined, proud, and successful people.

This picture is accepted not only by Ngoni themselves but also by Europeans. For us it is one part of the good old days when Africans still smiled and were nature's gentlemen. Our picture of the Ngoni contains fewer concessions to contemporary White values, for the very distinction between Whites now and Blacks then increases the attractiveness of the picture. Ancestor worship and polygyny are not unwelcome in a Black Arcadia.

Ngoni nowadays compare themselves with their European and Indian neighbours and envy their apparent power and wealth. They seek to rationalize their own relative failure in terms of their past. It is in this connection

4. Wirsz, *Geschichte*, pp. 220 f.

5. Laurr, whom he had satisfactorily answered questions on Zululand geography, *Mp'emi* said of him, "He is a chief . . . he is an Angoni, one of us." Decle, *Slave Raiders*, pp. 19 and 25.

● 181 that the defeat of 1898 is important. Although they claim to have conquered
186 all their African neighbours, Ngoni do not claim success over the British.
Instead, defeat at the hands of the British is cited in explanation of every
648 present-day failure and of every departure from traditional practice. Ngoni
186 say, "If we had not been defeated we would not have lost our land and we
would not now go hungry"; and "If we had not been defeated the tribe
would not have been mixed up and we could follow our customs properly";
[923] and so on. In the past, captives taken by the Ngoni were rapidly indoctrinated
with Ngoni ways and themselves became proud Ngoni; Ngoni complain
that now, although captured by Europeans, they never become Europeans.

528 The general legends of the past from which these notions are derived are
814 common knowledge. In the main they are passed on orally and are maintained by the teaching of tribal history in schools, the appeals to old military traditions, when recruiting for the Northern Rhodesia Regiment, the conversations of planters comparing one tribe with another as labourers, by the reports of administrators and by the writings of ethnologists.

643 The link between the Ngoni of today and their illustrious forebears is also
182 symbolized in the office of the Paramount Chief. He bears the name of his
[551] warrior great-grandfather, and the formal aspects of his relationship to his people are explained by reference to his ancestors' achievements. He cannot attend funerals or take part in some of his own marriage ceremonies because "he has already conquered all others"; he cannot be expected to walk through the bush with the District Officer because "he has already conquered the whole world". He basks in his great-grandfather's invincibility, for in this context the defeat of 1898 is forgotten. The relationship between the Paramount Chief and his eleven minor chiefs is partly determined by the distribution of power in different branches of the royal lineage before the European conquest, and the division of the country into these minor chiefdoms is a visible reminder of that distribution.

829 Associated with these tales of military exploits and royal power are myths
178 about former customs. Ngoni say that in the old days they used to hunt, or marry, or build villages, in a particular way and that now they do differently. Frequently when I asked what happened in such-and-such a situation I would be told what my informant thought would have happened before 1898 rather [963] than what he had seen happen now. Thus if we ask what payments do Ngoni make in marriage we are told that there are two payments, "snuff-box" and bridewealth, consisting of one or more beasts. Further inquiry reveals that these payments are now made only infrequently and that the period referred to is before 1898. More detailed investigation suggests that in many pre-1898 marriages they were not made and that when they were made they did not always consist of beasts. Ngoni do not deny these facts but they do deny their relevance. To them the distinctively Ngoni way of marrying is with these two payments, and it is this process alone which merits the vernacular adjective—*cingoni*. They regret that people no longer marry in this way and

9: Read E-S (1935) 1936 FRS Ngoni FRS

serve their own culture, so that they were not submerged in the very different cultures round them? The Ngoni themselves give the answer to this first question, saying, 'We fought with spears and shields; those others had only bows and arrows and sometimes guns.'[1] The making of these shields, which formerly gave courage and protection to the warriors, is to this day almost a ritual. To watch a chief working at one on the threshold of his hut, or a village headman and his friends cutting and shaping one in the kraal, is to realize the value put on them by the Ngoni. They refuse to make them for sale as curiosities, and several Europeans have told me that they have tried in vain to get one.

Having conquered by the shield and spear, the Ngoni maintained their prestige by their highly developed political organization. All around them were small chieftains owning a few villages with no integration in any large political unit.[2] The Ngoni state was focussed in the *inkosi*, the Paramount Chief, who was at once the 'owner'[3] of the land, the 'head'[3] of the state, and the 'father'[3] of his people. The Ngoni, as we have seen, are always ready to indicate those institutions and related traditions which mark them off from the surrounding tribes, and which give their state a cultural reality of its own. They point first to their language and their traditions of Dingiswayo, Zwide, and Chaka as proving their southern origin. Other neighbouring peoples have vague traditions of wandering from north to south, or west to east, but the Ngoni know exactly where they came from and by what route. Their language is almost identical with old Zulu. I was told by many Europeans that it hardly existed any longer, and I was therefore surprised to find to what an extent it is still spoken and used. Most of the true Ngoni to-day are bilingual[4]; with the exception of a few very old Ngoni people, everyone to-day speaks one of the local vernaculars, Nsenga, Tumbuka, or Chewa.[5] Ngoni is the language of the aristocrats, and a large proportion of the true

[1] The kind of antique guns traded to the Chewa by the Portuguese and Arabs were no match for the Ngoni skill with the long throwing-spear or the short stabbing-assegai, and the bullets were such that the stout cow-hide shields of the Ngoni could withstand them. Hence the consternation of the Ngoni when the machine-gun bullets of the British troops pierced their shields in the Ngoni 'war'.

[2] With the possible exception of Chikusumpembe, Chief of the Henga.

[3] Translations of vernacular terms.

[4] Or trilingual if they know English too.

[5] The same as Nyanja.

9: Read E-9 (1935) 1936 FRS Ngoni FRS
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occasion on which he made known any new laws before the assembled leaders of his country. The ceremony was marked by special songs and dances performed only at that time. It was an occasion on which economics, religion, politics, social life and recreation were brought together in a dramatic form in the part played by the Paramount Chief *ex-officio* his people. When speaking of these 'good old days' the Ngoni always refer to the *Impande*, for it was to them symbolic of the greatness of their *Inkosi*, and of how 'they lived well' before the *Amaqua* came as despoilers.

On the subject of warfare and of training for war the Ngoni will talk for hours. Among the many things which they mourn in the passing of the old order, they regret most the military training of youths and men, and the age-grade system which was part of it. They point out how a youth had his appointed companions to whom he stood in a recognized relationship of mutual obligation and assistance, and with these companions he went through the grades of calf-herding and cattle-herding until he graduated into a regiment. The field worker can observe how much Ngoni 'national feeling' was bound up with memories of war days, when to-day they put on their war dress and dance war dances at a chief's village. I have seen Chewa men and women huddle together during these war dances, and mutter, 'Too many Ngoni are here', as if they were still in the days of fighting and raids, while the Ngoni warriors swagger about, swishing their kilts of skins and brandishing their shields and spears with every appearance of reality. I have heard accounts of Ngoni raids for cattle going as far as the Kafue River, into the Mashukulumbwe country, given with such details of the places on the march that I think they must be substantially correct. Even if it is legendary, the recital of such raids still fosters Ngoni pride and distinction, and I have heard an old man who took part in such a raid compare it scornfully with young men going nowadays to Broken Hill and the Copper Belt. 'They go only for money', he said, 'We went for our *isidindi*[1] and for cattle to honour the *inkosi*'.

The Ngoni are realists and they admit that while they planted their institutions in the country and maintained most of them, at the same time a measure of adjustment was going on to the local cultures. For

[1] Head-ring, the sign of a warrior ready to marry.

hitherto been the chief sanction for Ngoni supremacy. With their invincibility gone, the regiments broke up and the Ngoni military prestige was at an end. At the same time the direction of political affairs and the relations between the different tribes was assumed by a superior power. Ngoni political ascendancy and their control of economic organization was also at an end. The subject races of the Ngoni who had hitherto either been conquered or submitted voluntarily to the Ngoni had now an ally who was stronger than their former masters.

3. The new situation forced the Ngoni to make drastic readjustments. They had to readjust themselves to new relations with other tribes, and at the same time to the Europeans. In their contact with the Chewa and other subject tribes they could no longer maintain the social exclusiveness which had marked the distinction between Ngoni and slaves. There was therefore less actual resistance to culture fusion, though the dislike of adopting alien customs persisted. This dislike of alien customs was evident to some extent also in white contacts. The missionaries brought a new religion, western education, and western medicine. Other Europeans introduced land reserves, taxation, and working for wages. To the local tribes the European represented security as well as certain material benefits. To the Ngoni these material benefits appeared less welcome in the face of their defeat. There was therefore a psychological conflict set up among the Ngoni —a malaise due to their military and political downfall, together with their determination to preserve certain elements in their own culture. That psychological conflict is evident everywhere to-day, and finds expression in all conversations which turn on the relations of the Ngoni to other tribes or to Europeans. To the persistence of that conflict is due the strength of Ngoni 'national feeling', which has directed the selective process by which some of their political, legal, and social institutions have survived the results of culture contact.

4. Conditions all over Africa are changing and new forms of social and political organization are emerging due to the contact of the Africans with European civilization. What place has the Ngoni state in this emergent African society? Are there still cultural realities in Ngoni society which should be preserved, and can the Ngoni political structure be galvanised into new life through the medium of Indirect

13:Fraser M-S (ca. 1890)1901
FRS Ngoni FRS

Yet the position of the old women of the village was a highly honoured one. The mother of the headman was almost more powerful than her son. And we always take good care when we enter a new village to win the kindly favour of the old grandmother first of all. Then we are sure we have found a way to the son's heart. One of the most beautiful things in our tribal life is the honour which is paid to the grey hairs of the village. The best and loftiest old men who lived through the glorious fighting days, and understand all precedent and etiquette are the judges and councillors. And no case can be tried, no decision can be made, until the old men give their presence and their opinion. It is hard when the young are leaping ahead of their fathers through education to maintain this veneration for the elders. Yet it is the very backbone of the tribe. There is nothing more contemptible than an African or an Asiatic with a veneer of education who affects to despise the elders of the village. But I know no more pathetic sight than our afternoon schools where grey-haired men and women may be seen peering through faded eyes trying also to learn to read and keep abreast of the young and alert life, while the sun goes down in their eventide.

The Ngoni were first of all a fighting people, and then a pastoral. Their land affords splendid pasture for cattle. And they take great pride in their herds. Round the cattle kraal centre all their ambitions, and highest delights, and best intelligences. They sit and watch the cattle going out in the early morning and coming in in the evening, and know every spot and colour of their beautiful animals. The quietest and most peaceful sight I know is when the sun goes down, and the fierce heat has given place to the welcome cool of the evening. Then you will hear the music of reed pipes, and looking up you see a long line of sleek, solemn cows, with large silken dew laps, and fat humps, slowly coming up the village path lowing for their calves, while boys ride on their backs sitting or standing upright, balancing themselves carefully and blowing on their pipes. Before and behind them runs a troop of goats and sheep bleating with such a human cry. In a moment the village is alive—sheep and goats are chased back and forward till they find the huts where they sleep with their masters. And boys run out with wooden pails into which they milk what the calves have not sucked from their mothers.

13:Fraser M-5 (ca. 1890) 1981
FRS Ngoni FRS

home out in Roman days also, that the handier, and more artful and skilful people have usually a lower social morality than the fighting races. Our Ngoni came to Nyasaland as a moral blessing. The ordinary obscenity of the indigenous people was not for a moment tolerated among the Ngoni. It is very appalling to know and see how degraded were the Tumbuka into whose land they came. A people among whom virginity was unknown, where family relationship was no defence, where men and women lived in an atmosphere that was charged with sins. But when the Ngoni came, many of the foul practices of the Tumbuka were punished with death. Their obscene dances were prohibited, many of their superstitious customs were banned, and generally a higher type of morality was superimposed.

The aristocratic Ngoni is a gentleman through and through. His word is absolute. When he gives a promise you may fearlessly rely on it. He does not steal, nor does he intrude on your privacy. I have heard the old men storm in a village because some boys stood around staring at me, or speaking. Before a superior they should sit down, and remain silent, or only speak in whispers. When they address you they always give you your family names of honour, or if they don't know it, round off each sentence with a "sire." When you come into a village you sit at the gate of the cattle kraal and wait for your reception. After a long time the elders of the village appear. Their courtesy is that the longer the wait the greater the welcome. For if they come out quickly they seem to say you had better clear out quickly. When they appear they sit down at some distance, and remain silent. You must not speak till you are spoken to. After a decent interval, they come forward, sit down, and leisurely say, "We see you, sire." Then you reply, "Yes, sire." That is the whole courtesy. Conversation may now begin. When you would rise to go, you first of all say, "Remain in peace, sire," and they reply, "Yes, and go thou in peace, sire." It is very courteous and friendly, and they accompany you along the path a little way, and again send you off with salutation.

Their village life is not without interests and amusements. During the day in the head villages there are continual trials in open court—trials which last for hours and days with continual speech-making. In the evenings the kraal echoes with the chorus of village dances. Quite the prettiest and most delightful dance is the village competitive dance which is held during the day. A